

How Important Are Regular Eye Exams?

Regular eye exams are important not just for seeing clearly, but also for maintaining eye health throughout your life. Many eye problems and diseases have no obvious symptoms and early diagnosis by an optometrist is the first step in treatment.

Eye examinations include visual acuity tests that evaluate sight clarity, as well as eye function, focusing, movement, and health. Optometrists are trained to recognize diseases and conditions that affect eye health and to recommend appropriate treatment. Our Doctors keep thorough records that assist in detecting even minute changes from one examination to the next. This is why it is important to maintain a regular check-up schedule and not let too much time pass between examinations.

Most eye health professionals recommend that healthy adults aged 20 to 64, have their eyes checked every one to two years. Adults over 65 should maintain annual eye examinations to monitor for ocular conditions. It is also important that Infants and children should have their eyes checked yearly to ensure proper visual development is achieved.



Call Us Today **905.796.0888**



OPTOMETRISTS

520 Charolais Blvd, Brampton

(Located at the North West corner of Chinguacousy Rd and Charolais Blvd.)

